

Chef Med Archibald

Keystone Pastry Shop

24 Years at KeystoneHometown: Cape Cod, Mass

WHAT IS YOUR FAVORITE THING ABOUT WORKING AT KEYSTONE?

Creating dream wedding cakes for our brides & grooms

WHY DID YOU WANT TO BE A CHEF?

My family owned bakeries on cape cod so it is in my blood to make pastry!

WHAT WAS YOUR FAVORITE AFTER SCHOOL SNACK?

Captain Crunch cereal right out of the box!

WHAT IS YOUR FAVORITE MEAL OF THE DAY, AND WHY?

Lunch-I get up at 2:00 am so I'm not much of a dinner guy

WHAT STYLE OF CUISINE IS YOUR FAVORITE TO PREPARE FOR GUESTS?

Anything that incorporates "comfort" foods

WHAT IS ONE THING THAT YOU THINK WOULD SURPRISE GUESTS ABOUT BEING A CHEF?

That at home sometimes I eat Kraft macaroni & cheese! It got me through college and I still enjoy it once in a while.

WHAT ARE YOUR RECOMMENDED TRICKS TO HELP KIDS MAKE HEALTHY FOOD CHOICES?

I make cupcakes & cookies so if kids want a healthy food, I'm probably not the chef to ask!

WHAT IS YOUR FAVORITE DISH ON YOUR CURRENT MENU, AND WHY?

My white chocolate spaghetti & chocolate meatballs. It looks just like the real thing and taste incredible! It blows people's minds!

WHAT IS YOUR FAVORITE ...?

- Vegetable: Olathe Colorado Corn On The Cob
- Fruit: Raspberries
- Ice cream flavor: Ben & Jerry's Crème Brule
- Candy: Red Liquorice
- Condiment: Hot Sauce
- Stadium snack: French Fries

