



# *Chef Tim Lahoran*

## **Summit House**

2.5 Years at Keystone

Hometown: Chandler, AZ

### **WHAT IS YOUR FAVORITE THING ABOUT WORKING AT KEYSTONE?**

The best thing about working in Keystone is where we are. Being able to work on top of a mountain in such a beautiful environment is awesome.

### **WHY DID YOU WANT TO BE A CHEF?**

I always enjoyed cooking when I was younger and it just grew into a passion

### **WHAT WAS YOUR FAVORITE AFTER SCHOOL SNACK?**

Peanut butter and jelly sandwich

### **WHAT STYLE OF CUISINE IS YOUR FAVORITE TO PREPARE FOR GUESTS?**

Lunch is my favorite meal because it is usually the biggest

### **WHAT ARE YOUR RECOMMENDED TRICKS TO HELP KIDS MAKE HEALTHY FOOD CHOICES?**

Find some vegetable or fruit that you enjoy and find fun ways to make them different ways, like using spaghetti squash as noodles or berries to yogurt and granola

### **WHAT IS YOUR FAVORITE...?**

- Vegetable: Brussel Sprout
- Fruit: Peach
- Ice cream flavor: Chocolate and Peanut Butter
- Candy: Reese's Peanut Butter Cup
- Condiment: Beer Mustard
- Stadium snack: Nachos