



A Fundraiser for Project MANA



STEP 1 QUALIFIERS

CREATE A VIDEO

Submit a 3-5 minute video telling us why your team should be picked to compete in the 3rd Annual Mountain Kids Cook-Off! Videos must be submitted to Northstar by June 10, 2018 to Northstar Executive Chef Steve Anderson, SAnderson1@vailresorts.com.

Video Guidelines:

- 3 kids per team, all ages 8 - 12
- The video must include:
 - Tell us about a healthy dish you like to cook with your families. The dish needs to contain only whole foods – no prepackaged ingredients.
 - Show us your cooking skills.
 - Tell us a little bit about your team members and why we should choose you!

The Northstar Culinary Team will judge the videos and will select eight lucky teams to move on to the qualifying round. All teams will be notified by July 21st, 2018. **Video submissions need to be accompanied by the team sign-up sheet with adult guardian signatures (last page).**

STEP 2 SEMI-FINALS

SUNDAY AUGUST 5, 2018

Eight lucky teams will be chosen to compete in the semi-finals which will take place at the Village Overlook at Northstar California. Teams will be given a platter of secret ingredients and they'll have to impress our judges with their creation. Friends, families and spectators are invited to purchase tickets for this fundraising event to cheer on their favorite teams and to see the upcoming culinary talent in our backyard. This year we will be adding a festival portion to the event including live music, kids cooking classes, arts & crafts and artisan vendors. Tickets will be \$10/adult and \$5/child 12 and under and will include access to the festival and spectating for the competition, food will be on-site for purchase. After a hard fought battle, two teams will advance to the finals. All competitors will receive an event logoed apron to take home.

STEP 3 FINALS

SATURDAY SEPTEMBER 8, 2018

Two teams will battle it out on the Village Stage at Northstar during the Lake Tahoe Autumn Food & Wine Festival. Each team will have a mentor chef on stage with them to help out but the kid's will be in control. They'll once again receive a platter of secret ingredients and they'll have 45 minutes to work their culinary magic. Friends and family can sit in the audience to cheer their teams to victory. Once the cooking is done, our panel of judges will declare the winning team who will walk away with trophies and some cool prizes! All competitors will receive an event logoed chef's hat to take home.



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MOUNTAIN KIDS COOK-OFF FESTIVAL

Northstar California and Project MANA are excited to join forces again on an exciting kid's culinary competition and you're invited to join in!

Kids ages 8 – 12 are invited to submit a video telling us why they should be one of the lucky teams selected to battle it out at the Mountain Kid's Cook-Off. Eight teams will be selected to cook in the semi-final round on Sunday, August 5th at the Northstar Village Overlook. Teams will be given a platter of secret ingredients and will have to create a dish to excite the judges. All participants will receive a logoed apron and two lucky teams will be selected to compete in the finals on Saturday September 8 during the Lake Tahoe Autumn Food & Wine Festival. The two final teams will battle it out on the Village Stage in front of their friends and families for the winner's trophy and more cool prizes!

The semi-final round will also be a fundraiser benefiting Project MANA, a local Tahoe-based non-profit. Project MANA's mission is to reduce the incidence of hunger and its detrimental effects upon individuals, families, the community and the region. In addition to providing hunger relief, they have developed programs designed to alleviate the causes of hunger and promote nutrition through education and awareness.

Families, friends and spectators will be invited to attend the semi-finals to cheer on their teams during Mountain Kids Cook-Off Festival. Tickets will be \$10 per adult and \$5 per child and all ticket proceeds will go directly to Project MANA.

For more info on the contest and rules for applying visit www.NorthstarCalifornia.com/mtnkids or contact Northstar at 530-562-3568.



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Please submit this sheet with your video submission to
Sanderson1@vailresorts.com. Please make sure to submit the sign-up
sheet by the video deadline date of June 30th, 2018

TEAM MEMBER 1

Name: _____

Age: _____

Adult Guardian: _____

Guardian Phone Number: _____

Guardian Signature for Permission to Participate:

Allergies: _____

TEAM MEMBER 2

Name: _____

Age: _____

Adult Guardian: _____

Guardian Phone Number: _____

Guardian Signature for Permission to Participate:

Allergies: _____

TEAM MEMBER 3

Name: _____

Age: _____

Adult Guardian: _____

Guardian Phone Number: _____

Guardian Signature for Permission to Participate:

Allergies: _____

Please note Northstar and Project Mana will be using these video submissions and photos from the actual event on
their websites to promote the competition and fundraiser. If this is not okay, notify Northstar upon video submission.

projectmana.org
northstarcalifornia.com/mtnkids