



**NORTHSTAR**<sup>TM</sup>  
**CALIFORNIA**



**VEGAN, VEGETARIAN & GLUTEN-FREE GUIDE TO NORTHSTAR**

# ON THE MOUNTAIN

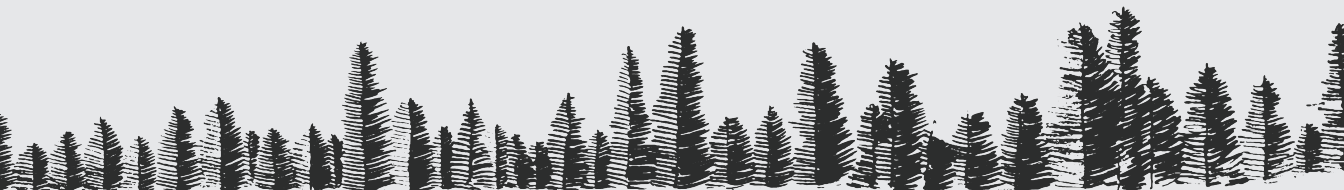


## SUMMIT SMOKEHOUSE

**Vegetarian:** Cornbread, Portobello Platter, Ranch Beans, Mac and Cheese, Brussels and Butternut, Portobello Sandwich (time/weather limited offering), Chop Salad (Vegan without the Bleu Cheese) and recommended add on is Smoked Portobello, all house made Desserts, Fries, Veggie Chili

**Vegan:** Veggie Chili, Portobello Platter, BBQ Salad and recommended add on is Smoked Portobello, Roasted Vegetables, Ranch Beans, Fries

**Gluten-Sensitive:** Veggie Chili, any Smoked Meats, all Salads, all Sides except Cornbread and Mac and Cheese, Smoked Sausages without a Bun (time/weather limited offering), all Platters with Roasted Veggies and Beans as the Side, Carolina BBQ Sauce, KC BBQ Sauce



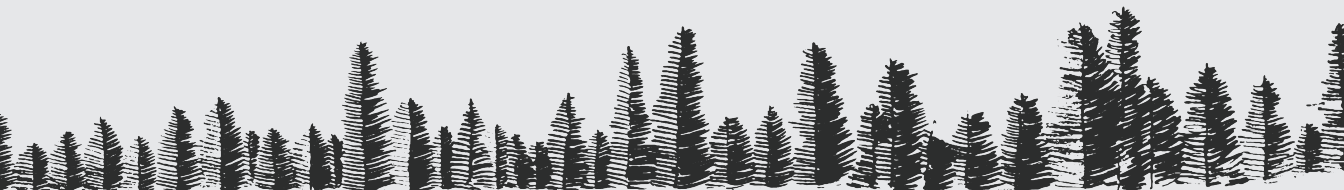


## **ZEPHYR LODGE**

**Vegetarian:** Tofu Rice or Noodle Bowls, Asian Bowl, Grilled Cheese, Cheese and Wild Mushroom Flatbreads, Fries, Onion Rings, Salad Bar options, Veggie Chili, Tom Kha

**Vegan:** Tofu Brown Rice Bowl, Tom Kha, Veggie Chili, Salad Bar options

**Gluten-Sensitive:** Shrimp or Tofu Brown Rice Bowls, Veggie Chili, GF Pizza Crusts available, GF Buns Available, Salad Bar options



# ON THE MOUNTAIN

## The LODGE at Big Springs

### LODGE AT BIG SPRINGS: BREAKFAST

**Vegetarian:** Breakfast Burrito or Sandwich with Spinach, Bagels and Cream Cheese, Fruit Salad, Assorted Pastries, Parfaits

**Vegan:** Fruit Salad, Breakfast Potatoes, ask the Chef for other Options

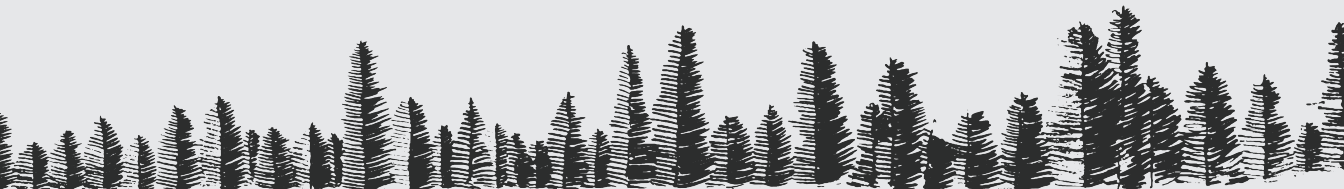
**Gluten-Sensitive:** Big Springs Breakfast Bowl, Fruit Salad, Yogurts

### LODGE AT BIG SPRINGS: LUNCH

**Vegetarian:** Margherita or Cheese Flatbread Pizzas, Veggie Burgers, Veggie Chili, Fries, Quinoa Salad, Thai Salad without Chicken,

**Vegan:** Thai Salad without Chicken, Quinoa salad, Veggie Chili, Fries

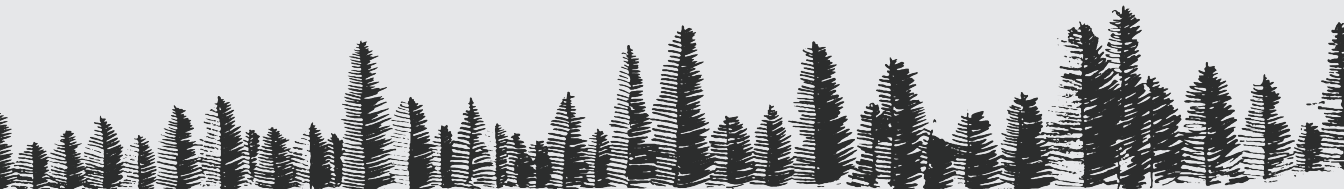
**Gluten-Sensitive:** GF Pizza Crusts available, GF Buns available, all Salads, Fries



## THE BIG *cheesy*

### THE BIG CHEESY FOOD TRUCK

**Vegetarian:** Traditional Mac, Veggie Mac



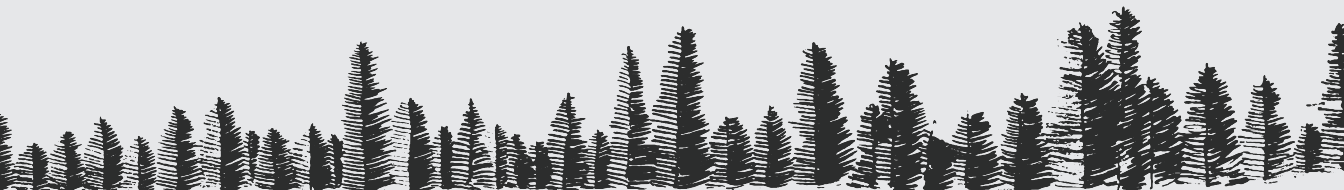


## CHILLY PEPPERS CANTINA

**Vegetarian:** Black Beans and Refried Beans, Vegetable Mix in Tacos or Burritos, Nachos, Quesadillas, Salsa Bar, Chips and Salsa/Guac, Spanish Rice

**Vegan:** Black and Refried Beans, Vegetable Mix for Tacos and Burritos, Salsa Bar, Spanish Rice, Chips and Salsa/Guac

**Gluten-Sensitive:** Everything except Flour Tortillas



# Tavern

6330'

## TAVERN 6330: LUNCH

**Vegetarian:** Caprese Flat Bread, Baked Brie, Tomato Bisque, all Salads can be prepared Vegetarian, Falafel, Garden Burger, Portobello Burger

**Vegan:** Falafel with no Tzatziki

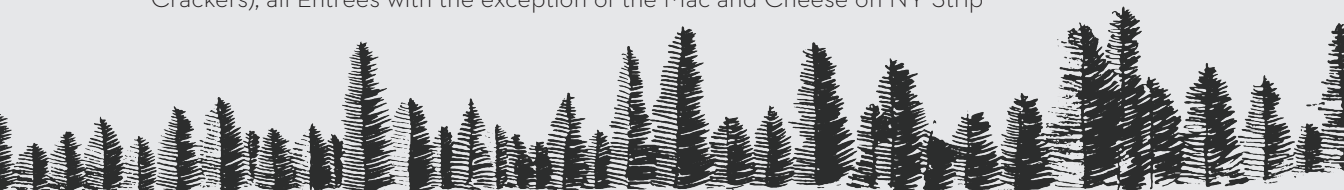
**Gluten-Sensitive:** Budda Bowl, Roasted Cauliflower Bites, Tomato Bisque, all Salads, Mahi Tacos with Corn Tortillas, GF Bread and Buns available

## TAVERN 6330: DINNER

**Vegetarian:** Butternut Soup, all Salads (remove Steak from Tavern Salad), Tofu Tom Kha without Prawns, all Desserts

**Vegan:** Tofu Tom Kha without Prawns

**Gluten-Sensitive:** all Starters except Crab Cakes, all Soups/Salads except Butter Leaf (Graham Crackers), all Entrées with the exception of the Mac and Cheese on NY Strip



# IN THE VILLAGE

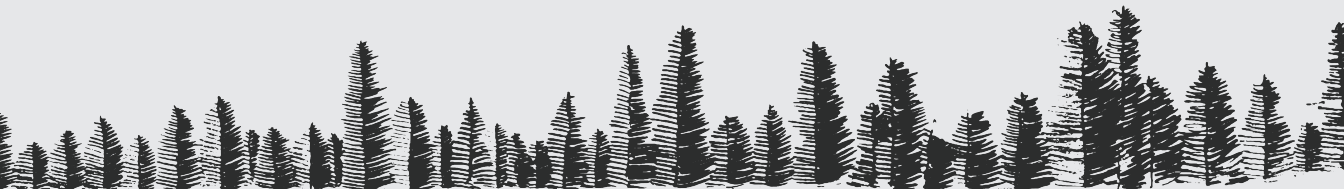


## TC'S PUB

**Vegetarian:** Nachos, Cheese Fondue, Veggie Chili, Green Salad, House made Veggie Burger, Fries, Sweet Potato Steak Fries, Mac and Cheese, all Bar Munchies, all Desserts and Shakes

**Vegan:** Veggie Chili, Fries, Sweets, all Bar Munchies

**Gluten-Sensitive:** Wings, Nachos, Fondue (ask for no Bread)





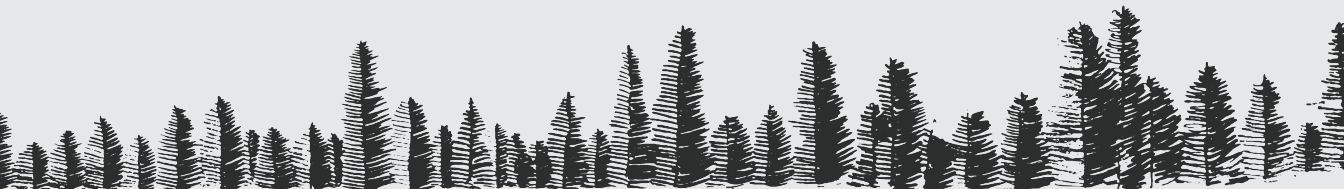


## FRITES

**Vegetarian:** Plain Fries, Garlic Fries

**Vegan:** Plain Fries, Garlic Fries without Parmesan

**Gluten-Sensitive:** Frites is Gluten Free!





**[NORTHSTARCALIFORNIA.COM](http://NORTHSTARCALIFORNIA.COM)**