



THE NORTH FACE VALLEY TO PEAK

Whistler Mountain | Whistler, BC
Saturday, September 1, 2018

OVERALL BY DIVISION

22.5Km Course

Division: 22.5km Men 17-29

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	155	Brendan Urlocker	9:19:07.26	9:49:38.86	11:10:20.95	2:26:20.95
2	133	Matthew Bunker	9:22:43.60	9:55:17.68	11:20:20.03	2:36:20.03
3	139	Oliver Kennedy	9:23:31.50	9:56:33.80	11:22:02.47	2:38:02.47
4	128	Michael Murrdoch	9:27:08.19	10:00:05.49	11:24:47.33	2:40:47.33
5	147	Chris Sandom	9:28:02.00	9:59:52.84	11:24:56.98	2:40:56.98
6	132	Maxime Brassard	9:23:30.00	9:59:50.57	11:29:19.28	2:45:19.28
7	153	Adrien Touzot	9:22:38.35	9:55:38.31	11:29:51.39	2:45:51.39
8	143	Samuel Perrin	9:27:08.99	10:01:27.80	11:36:03.79	2:52:03.79
9	152	Glenn Tjampens	9:26:45.00	10:01:49.02	11:38:03.22	2:54:03.22
10	138	Mackenzie Irwin	9:40:54.40	10:12:58.39	11:39:56.90	2:55:56.90
11	141	stephen list	9:28:44.45	10:06:41.28	11:44:40.63	3:00:40.63
12	149	Conner Smith	9:25:28.15	10:00:39.83	11:45:11.85	3:01:11.85
13	151	Martin Tatchell	9:29:29.97	10:08:32.95	11:45:38.04	3:01:38.04
14	136	Jonas Grabowski	9:30:40.37	10:07:32.07	11:47:16.39	3:03:16.39
15	126	Jamie Larder	9:29:23.74	10:09:39.75	11:49:20.12	3:05:20.12
16	157	Ryan Village	9:33:01.04	10:12:38.27	12:00:43.97	3:16:43.97
17	150	Taavi Tammik	9:29:31.16	10:09:33.07	12:07:00.71	3:23:00.71
18	140	Boyd Lamoureux	9:36:27.19	10:19:52.69	12:16:24.97	3:32:24.97
19	156	Raymond Veenstra	9:36:17.24	10:20:18.92	12:31:09.26	3:47:09.26
20	134	Joseph Cosgrove	9:42:09.18	10:30:15.12	12:32:06.19	3:48:06.19
21	145	Falko Poels	9:41:10.85	10:28:15.80	13:12:18.75	4:28:18.75
22	148	Howie Shin	9:46:09.51	10:41:17.00	13:33:27.88	4:49:27.88
23	158	Craig Wilson	9:49:09.99	10:48:21.00	14:00:58.50	5:16:58.50

Division: 22.5km Women 17-29

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	212	Jeanelle Hazlett	9:25:50.91	10:01:26.80	11:30:13.64	2:46:13.64
2	5	Hannah Kitchin	9:27:21.55	10:03:57.63	11:44:32.22	3:00:32.22
3	216	Linsey Ann Stevenson	9:36:54.29	10:19:26.89	12:12:52.82	3:28:52.82
4	208	Katerina Cempelova	9:36:27.29	10:19:48.80	12:16:24.75	3:32:24.75
5	217	Nina Wills	9:42:05.73	10:30:11.92	12:28:34.22	3:44:34.22
6	215	Tenasia Monaghan	9:45:35.98	10:34:00.00	12:34:41.59	3:50:41.59
7	214	Seline Loetscher	9:46:46.17	10:34:52.48	12:39:21.72	3:55:21.72

8	213	Jade Lenning	9:39:50.15	10:26:00.73	12:40:43.33	3:56:43.33
9	240	Jodie Moss	9:40:06.52	10:26:21.47	12:40:54.27	3:56:54.27
10	250	Marina Serrano	9:43:05.99	10:31:11.69	12:42:39.13	3:58:39.13
11	211	Marina Guessous	9:48:03.00	10:44:20.00	12:52:21.85	4:08:21.85
12	209	Andrea Duthie	9:52:10.39	10:41:00.00	13:04:03.05	4:20:03.05
13	207	Nathania Brooke	9:46:49.28	10:40:36.00	13:22:06.54	4:38:06.54
14	206	Sasha Babicki	9:42:20.72	10:32:23.57	13:36:48.41	4:52:48.41

Division: 22.5km Men 30-39

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	174	kristopher swanson	9:16:14.68	9:42:29.21	10:54:14.87	2:10:14.87
2	1	Eric Carter	9:16:14.68	9:42:28.00	10:56:35.10	2:12:35.10
3	122	Connor Meakin	9:19:09.66	9:49:07.75	11:06:07.93	2:22:07.93
4	159	Phil Brunet	9:19:17.05	9:50:00.00	11:09:32.77	2:25:32.77
5	123	Marian Treger	9:20:58.94	9:52:20.00	11:11:33.54	2:27:33.54
6	135	David Gordon	9:20:11.57	9:51:23.21	11:12:18.97	2:28:18.97
7	172	Kyle Leitch	9:25:23.42	10:00:01.16	11:32:36.80	2:48:36.80
8	163	Patrick Haunschmidt	9:27:15.92	10:03:17.21	11:40:55.99	2:56:55.99
9	169	Matus Kirilak	9:30:54.37	10:09:23.32	11:48:36.24	3:04:36.24
10	166	Toni Hulsch	9:27:34.47	10:04:54.00	11:49:17.97	3:05:17.97
11	167	Joris Janssen	9:28:05.94	10:06:35.00	11:55:24.19	3:11:24.19
12	168	Richard Joce	9:35:31.31	10:16:56.90	11:59:25.85	3:15:25.85
13	165	Dan Hincks	9:31:24.55	10:12:00.00	12:04:44.22	3:20:44.22
14	171	Rick Lane	9:33:08.17	10:14:07.81	12:05:15.70	3:21:15.70
15	164	Alex Hay	9:35:00.74	10:15:02.81	12:09:17.56	3:25:17.56
16	160	Eddie Cahill	9:38:45.33	10:27:31.30	12:43:12.27	3:59:12.27
17	125	David Frey	9:38:58.03	10:25:51.01	12:46:45.99	4:02:45.99
18	220	Mike Fraser	9:42:24.19	10:32:20.21	13:04:22.67	4:20:22.67
19	161	Chris Cowen	9:43:46.18	10:33:42.12	13:08:43.76	4:24:43.76
20	173	JP Pierre	9:47:36.87	10:44:26.00	13:21:43.65	4:37:43.65

Division: 22.5km Women 30-39

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	4	Claire Daniels	9:26:33.71	10:01:36.01	11:35:57.62	2:51:57.62
2	225	Louise Stevens	9:36:11.93	10:20:38.27	12:12:47.29	3:28:47.29
3	124	Steph Corker	9:28:22.71	10:06:34.87	12:12:59.47	3:28:59.47
4	219	Maude Cyr	9:32:31.90	10:15:01.90	12:13:49.99	3:29:49.99
5	218	Kara Bayley	9:37:57.04	10:20:47.02	12:23:27.24	3:39:27.24
6	222	Niki Hurst	9:39:29.66	10:24:53.11	12:27:00.18	3:43:00.18
7	227	Christen Young	9:39:29.58	10:24:54.90	12:27:00.33	3:43:00.33
8	223	Kristina Radzhapova	9:38:13.46	10:25:57.71	12:32:23.64	3:48:23.64
9	224	Jessica Shaw	9:44:17.49	10:32:10.59	12:44:15.00	4:00:15.00
10	162	Jen Fraser	9:28:02.00	10:32:00.28	13:04:22.40	4:20:22.40
11	121	Sara Borowski	9:44:16.10	10:39:45.00	13:20:43.89	4:36:43.89
12	221	Alexandra Hamilton	9:52:27.61	10:49:24.00	13:51:24.03	5:07:24.03
13	226	Casey Wu	9:57:11.77	10:57:17.05	14:12:38.55	5:28:38.55

Division: 22.5km Men 40-49

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	183	Kristian Manietta	9:22:16.93	9:55:44.00	11:23:45.92	2:39:45.92
2	187	Andrew Sellars	9:21:32.56	9:53:58.29	11:24:13.12	2:40:13.12
3	180	Colin Hendry	9:21:16.82	9:54:51.19	11:30:23.81	2:46:23.81
4	182	steven lee	9:23:10.00	9:58:31.64	11:36:34.24	2:52:34.24
5	190	Roger Wittmann	9:28:54.81	10:06:02.15	11:47:24.94	3:03:24.94
6	181	Struan Kilgour	9:31:49.67	10:10:34.53	11:50:22.29	3:06:22.29
7	185	John Redpath	9:29:35.00	10:08:48.57	11:57:56.43	3:13:56.43
8	176	Andreas Barattiero	9:32:43.48	10:13:12.45	12:09:49.07	3:25:49.07
9	177	Gavin Bong	9:29:42.55	10:10:00.00	12:09:49.98	3:25:49.98
10	189	Michael Westover	9:32:06.27	10:11:22.50	12:11:31.56	3:27:31.56
11	184	Greg McCunn	9:31:10.99	10:09:41.52	12:14:52.56	3:30:52.56
12	178	Tom Grodski	9:38:20.82	10:23:44.31	12:30:19.55	3:46:19.55
13	188	SHIQIANG SU	9:39:16.21	10:24:33.69	12:31:01.21	3:47:01.21
14	186	Dan Sambolec	9:35:15.00	10:17:09.94	12:31:41.05	3:47:41.05
15	179	Benjamin Heaton	9:44:06.58	10:27:56.95	12:44:43.57	4:00:43.57

Division: 22.5km Women 40-49

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	233	Angela Shoniker	9:28:08.14	10:05:16.35	11:48:55.57	3:04:55.57
2	230	Tara Holland	9:34:17.64	10:16:14.40	11:59:54.37	3:15:54.37
3	228	christine cogger	9:39:03.77	10:22:54.02	12:24:00.82	3:40:00.82
4	235	Yoko Ukai	9:37:56.48	10:24:39.76	12:44:40.95	4:00:40.95
5	231	Becca Johnston	9:42:49.79	10:33:28.23	12:57:45.80	4:13:45.80
6	234	Amanda Szocs	9:46:39.17	10:36:20.00	13:04:36.70	4:20:36.70
7	232	Rashel Pena	9:45:34.53	10:35:01.00	13:16:40.97	4:32:40.97
8	127	Karina Meik	9:49:38.16	10:44:57.00	13:33:38.93	4:49:38.93
9	229	Jennifer Copley	9:50:01.10	10:47:15.00	13:49:52.42	5:05:52.42
10	237	Rhonda Zazula	9:57:07.80	10:57:18.06	14:12:39.38	5:28:39.38

Division: 22.5km Women 50+

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	238	Sandra Louie	9:36:18.19	10:20:25.31	12:29:11.26	3:45:11.26
2	239	ginger rockwell	9:52:24.25	10:49:35.00	13:51:24.20	5:07:24.20

Division: 22.5km Men 50+

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	196	Marek Dutkiewicz	9:31:41.02	10:10:23.07	11:46:04.62	3:02:04.62
2	195	Jonathan Browne	9:27:58.65	10:04:52.90	11:54:50.19	3:10:50.19
3	205	John Woolgar	9:30:39.93	10:12:00.00	12:04:06.66	3:20:06.66
4	197	Doug Henderson	9:30:49.24	10:11:19.52	12:20:57.15	3:36:57.15
5	192	matt babicki	9:38:50.47	10:24:46.02	12:35:01.09	3:51:01.09
6	194	Keith Brewes	9:44:08.20	10:32:13.19	12:55:58.03	4:11:58.03
7	200	Rick McVicar	9:46:20.06	10:35:00.00	12:59:46.87	4:15:46.87
8	202	Thomas Nurmi	9:39:31.67	10:26:11.50	13:05:31.01	4:21:31.01
9	204	Mike Varrin	9:49:08.98	10:43:12.00	13:13:37.11	4:29:37.11

10	201	Greg Murphy	9:45:45.89	10:37:30.00	13:14:41.89	4:30:41.89
11	199	Kenneth MacLeod	9:56:50.10	10:50:54.00	13:25:52.20	4:41:52.20
12	203	raymund Torres	9:49:29.17	10:42:55.00	13:34:15.75	4:50:15.75

10Km Course

Division: 10km Men 17-29

Rank	Bib #	Name	Finish	Elapsed Time
1	398	Cor Morrow	10:17:34.83	57:34.83
2	380	Matthew McCart	10:17:47.23	57:47.23
3	400	Michael Rose	10:18:16.68	58:16.68
4	399	Jonathan Parkin	10:18:17.26	58:17.26
5	401	Jeffrey Russell	10:18:19.23	58:19.23
6	381	Harrison Almrud	10:18:41.61	58:41.61
7	388	Ben Poechman	10:24:09.98	1:04:09.98
8	396	Jiles Ladouceur	10:24:32.50	1:04:32.50
9	393	Quinn Campbell	10:26:28.84	1:06:28.84
10	448	Max Turcotte	10:27:59.88	1:07:59.88
11	397	Ramon Lopez Narvaez	10:30:44.64	1:10:44.64
12	394	Dowon Kang	10:32:43.13	1:12:43.13
13	412	Mark Tremblay	10:37:18.85	1:17:18.85
14	402	Joshua Schulz	10:53:05.99	1:33:05.99
15	395	Mungi Kim	11:44:44.03	2:24:44.03

Division: 10km Women 17-29

Rank	Bib #	Name	Finish	Elapsed Time
1	430	Leigh Sawchyn	10:30:52.86	1:10:52.86
2	422	Samantha Edwards	10:33:47.31	1:13:47.31
3	433	Tori Wright	10:38:04.68	1:18:04.68
4	423	Joanna Holland	10:39:02.05	1:19:02.05
5	428	Emma Nagle	10:39:28.59	1:19:28.59
6	419	Liana Birkett	10:57:23.98	1:37:23.98
7	421	Arianne Dufour	10:57:55.13	1:37:55.13
8	425	Cristal McClure	11:05:42.31	1:45:42.31
9	418	Chloe Johnson	11:05:42.50	1:45:42.50
10	426	Kristin McLerran	11:05:44.16	1:45:44.16
11	431	Bronwyn Schulz	11:09:56.18	1:49:56.18
12	450	Andreanne Morissette	11:13:23.28	1:53:23.28
13	387	Jeongha Lee	11:44:36.14	2:24:36.14

Division: 10km Men 30-39

Rank	Bib #	Name	Finish	Elapsed Time
1	451	Jordan Givenette	10:05:57.25	45:57.25
2	405	Benoit Gignac	10:06:58.36	46:58.36
3	408	Jiri Prochazka	10:08:06.88	48:06.88
4	377	Matt Harris	10:09:13.66	49:13.66
5	404	Steven Ebin	10:24:13.88	1:04:13.88

6	409	Michael Rudzki	10:31:14.84	1:11:14.84
7	376	Benjamin Smith	10:38:18.70	1:18:18.70
8	407	Matthew McClenaghan	10:43:55.81	1:23:55.81
9	410	Nathan Salomon	10:44:58.97	1:24:58.97
10	403	Chris Cook	10:57:24.05	1:37:24.05
11	411	Himanshu Sharma	11:12:42.77	1:52:42.77
12	406	Tony Gilmore	11:14:45.76	1:54:45.76

Division: 10km Women 30-39

Rank	Bib #	Name	Finish	Elapsed Time
1	420	Courtney Delmonico	10:42:08.41	1:22:08.41
2	435	Christina Hall	10:45:05.48	1:25:05.48
3	437	Leanne Lowe	10:45:07.02	1:25:07.02
4	439	Stacey Peterson	10:47:40.61	1:27:40.61
5	389	Melissa Lang	10:55:51.89	1:35:51.89
6	438	Jocelyn Lu	10:58:54.83	1:38:54.83
7	427	Scarlet Muehlbauer	11:05:16.13	1:45:16.13
8	436	Rachel Lorenz	12:14:23.08	2:54:23.08

Division: 10km Men 40-49

Rank	Bib #	Name	Finish	Elapsed Time
1	413	Andrew Martin	10:37:54.21	1:17:54.21
2	445	Robert Airey	10:58:21.85	1:38:21.85

Division: 10km Women 40-49

Rank	Bib #	Name	Finish	Elapsed Time
1	440	Lee Ann Ahrens	10:24:36.28	1:04:36.28
2	442	Tracey Sheppard	10:43:48.69	1:23:48.69
3	441	Jennifer Petersen	10:43:50.46	1:23:50.46

Division: 10km Men 50+

Rank	Bib #	Name	Finish	Elapsed Time
1	446	Brent Murrdoch	10:27:32.73	1:07:32.73
2	417	Walter Wallgram	10:32:51.58	1:12:51.58
3	379	Allan Russell	10:41:16.38	1:21:16.38
4	414	Jim Budge	10:43:30.10	1:23:30.10
5	416	Bryan Cogan	10:45:42.35	1:25:42.35
6	415	Cesar Castillo	10:47:55.30	1:27:55.30
7	434	Dan Mitros	10:55:52.70	1:35:52.70
8	449	Chris Gamel	11:08:18.33	1:48:18.33

Division: 10km Women 50+

Rank	Bib #	Name	Finish	Elapsed Time
1	378	Rosamund Russell	10:45:15.57	1:25:15.57
2	444	Heidy Visona	11:05:40.30	1:45:40.30
3	443	Karin Nyrop	11:10:28.55	1:50:28.55
4	386	Karen Johnson	11:10:30.28	1:50:30.28

3Km Course

Division: 3km Men 16 and under

Rank	Bib #	Name	Finish	Elapsed Time
1	598	Liam Dungey	9:42:56.89	17:56.89
2	589	Will Ahrens	9:43:13.25	18:13.25

Division: 3km Women 16 and under

Rank	Bib #	Name	Finish	Elapsed Time
1	593	Olivia Rodig	9:41:00.42	16:00.42
2	592	Kerri Nimmons	9:47:14.14	22:14.14
3	591	Hazel Nimmons	9:50:46.25	25:46.25
4	587	Jamie Ahrens	10:20:53.13	55:53.13
5	586	Jessie Ahrens	10:21:04.87	56:04.87

Division: 3km Men 17+

Rank	Bib #	Name	Finish	Elapsed Time
1	588	Alastair Nimmons	9:47:26.66	22:26.66
2	596	Paul Dungey	10:05:04.88	40:04.88
3	590	Gordon Ahrens	10:21:05.64	56:05.64

Division: 3km Women 17+

Rank	Bib #	Name	Finish	Elapsed Time
1	595	Lorna Nimmons	9:50:45.69	25:45.69
2	597	Christa Jones	9:52:02.34	27:02.34
3	594	Maria Castillo	9:59:11.91	34:11.91

1Km Course

Division: 1km Kids

Rank	Bib #	Name	Finish	Elapsed Time
1	764	Felix Rodig	9:15:44.19	5:44.19
2	762	Mack Manietta	9:15:47.40	5:47.40
3	768	Parker Thomas	9:16:08.08	6:08.08
4	765	Florian Rodig	9:17:06.34	7:06.34
5	767	Benj Stein	9:18:23.37	8:23.37
6	771	Cerys Yates	9:19:24.84	9:24.84
7	766	Max Stein	9:19:27.17	9:27.17
8	770	Laura Yates	9:19:29.47	9:29.47
9	775	Jake Sheppard	9:19:32.68	9:32.68
10	772	Jonha Ebin	9:41:53.45	31:53.45
11	769	Charlotte Westover	9:43:50.13	33:50.13



THE NORTH FACE VALLEY TO PEAK

Whistler Mountain | Whistler, BC
Saturday, September 1, 2018

OVERALL BY GENDER & DISTANCE

1km Kids

Rank	Bib #	Name	Finish	Elapsed Time
1	764	Felix Rodig	9:15:44.19	5:44.19
2	762	Mack Manietta	9:15:47.40	5:47.40
3	768	Parker Thomas	9:16:08.08	6:08.08
4	765	Florian Rodig	9:17:06.34	7:06.34
5	767	Benj Stein	9:18:23.37	8:23.37
6	771	Cerys Yates	9:19:24.84	9:24.84
7	766	Max Stein	9:19:27.17	9:27.17
8	770	Laura Yates	9:19:29.47	9:29.47
9	775	Jake Sheppard	9:19:32.68	9:32.68
10	772	Jonha Ebin	9:41:53.45	31:53.45
11	769	Charlotte Westover	9:43:50.13	33:50.13

3km Women

Rank	Bib #	Name	Finish	Elapsed Time
10	593	Olivia Rodig	9:41:00.42	16:00.42
16	592	Kerri Nimmons	9:47:14.14	22:14.14
13	595	Lorna Nimmons	9:50:45.69	25:45.69
26	591	Hazel Nimmons	9:50:46.25	25:46.25
27	597	Christa Jones	9:52:02.34	27:02.34
15	594	Maria Castillo	9:59:11.91	34:11.91
17	587	Jamie Ahrens	10:20:53.13	55:53.13
20	586	Jessie Ahrens	10:21:04.87	56:04.87

3km Men

Rank	Bib #	Name	Finish	Elapsed Time
1	598	Liam Dungey	9:42:56.89	17:56.89
2	589	Will Ahrens	9:43:13.25	18:13.25
3	588	Alastair Nimmons	9:47:26.66	22:26.66
4	596	Paul Dungey	10:05:04.88	40:04.88
5	590	Gordon Ahrens	10:21:05.64	56:05.64

10km Men

Rank	Bib #	Name	Finish	Elapsed Time
1	440	Lee Ann Ahrens	10:24:36.28	1:04:36.28
2	430	Leigh Sawchyn	10:30:52.86	1:10:52.86
3	422	Samantha Edwards	10:33:47.31	1:13:47.31
4	433	Tori Wright	10:38:04.68	1:18:04.68
5	423	Joanna Holland	10:39:02.05	1:19:02.05
6	428	Emma Nagle	10:39:28.59	1:19:28.59
7	420	Courtney Delmonico	10:42:08.41	1:22:08.41
8	442	Tracey Sheppard	10:43:48.69	1:23:48.69
9	441	Jennifer Petersen	10:43:50.46	1:23:50.46
10	435	Christina Hall	10:45:05.48	1:25:05.48
11	437	Leanne Lowe	10:45:07.02	1:25:07.02
12	378	Rosamund Russell	10:45:15.57	1:25:15.57
13	439	Stacey Peterson	10:47:40.61	1:27:40.61
14	389	Melissa Lang	10:55:51.89	1:35:51.89
15	419	Liana Birkett	10:57:23.98	1:37:23.98
16	421	Arianne Dufour	10:57:55.13	1:37:55.13
17	438	Jocelyn Lu	10:58:54.83	1:38:54.83
18	427	Scarlet Muehlbauer	11:05:16.13	1:45:16.13
19	444	Heidy Visona	11:05:40.30	1:45:40.30
20	425	Cristal McClure	11:05:42.31	1:45:42.31
21	418	Chloe Johnson	11:05:42.50	1:45:42.50
22	426	Kristin McLerran	11:05:44.16	1:45:44.16
23	431	Bronwyn Schulz	11:09:56.18	1:49:56.18
24	443	Karin Nyrop	11:10:28.55	1:50:28.55
25	386	Karen Johnson	11:10:30.28	1:50:30.28
26	450	Andreanne Morissette	11:13:23.28	1:53:23.28
27	387	Jeongha Lee	11:44:36.14	2:24:36.14
28	436	Rachel Lorenz	12:14:23.08	2:54:23.08

10km Men

Rank	Bib #	Name	Finish	Elapsed Time
1	451	Jordan Givenette	10:05:57.25	45:57.25
2	405	Benoit Gignac	10:06:58.36	46:58.36
3	408	Jiri Prochazka	10:08:06.88	48:06.88
4	377	Matt Harris	10:09:13.66	49:13.66
5	398	Connor Morrow	10:17:34.83	57:34.83
6	380	Matthew McCart	10:17:47.23	57:47.23
7	400	Michael Rose	10:18:16.68	58:16.68
8	399	Jonathan Parkin	10:18:17.26	58:17.26
9	401	Jeffrey Russell	10:18:19.23	58:19.23
10	381	Harrison Almrud	10:18:41.61	58:41.61
11	388	Ben Poechman	10:24:09.98	1:04:09.98
12	404	Steven Ebin	10:24:13.88	1:04:13.88
13	396	Jiles Ladouceur	10:24:32.50	1:04:32.50
14	393	Quinn Campbell	10:26:28.84	1:06:28.84

15	446	Brent Murrdoch	10:27:32.73	1:07:32.73
16	448	Max Turcotte	10:27:59.88	1:07:59.88
17	397	Ramon Lopez Narvaez	10:30:44.64	1:10:44.64
18	409	Michael Rudzki	10:31:14.84	1:11:14.84
19	394	Dowon Kang	10:32:43.13	1:12:43.13
20	417	Walter Wallgram	10:32:51.58	1:12:51.58
21	412	Mark Tremblay	10:37:18.85	1:17:18.85
22	413	Andrew Martin	10:37:54.21	1:17:54.21
23	376	Benjamin Smith	10:38:18.70	1:18:18.70
24	379	Allan Russell	10:41:16.38	1:21:16.38
25	414	Jim Budge	10:43:30.10	1:23:30.10
26	407	Matthew McClenaghan	10:43:55.81	1:23:55.81
27	410	Nathan Salomon	10:44:58.97	1:24:58.97
28	416	Bryan Cogan	10:45:42.35	1:25:42.35
29	415	Cesar Castillo	10:47:55.30	1:27:55.30
30	402	Joshua Schulz	10:53:05.99	1:33:05.99
31	434	Dan Mitros	10:55:52.70	1:35:52.70
32	403	Chris Cook	10:57:24.05	1:37:24.05
33	445	Robert Airey	10:58:21.85	1:38:21.85
34	449	Chris Gamel	11:08:18.33	1:48:18.33
35	411	Himanshu Sharma	11:12:42.77	1:52:42.77
36	406	Tony Gilmore	11:14:45.76	1:54:45.76
37	395	Mungi Kim	11:44:44.03	2:24:44.03

22.5km Women

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	212	Jeanelle Hazlett	9:25:50.91	10:01:26.80	11:30:13.64	2:46:13.64
2	4	Claire Daniels	9:26:33.71	10:01:36.01	11:35:57.62	2:51:57.62
3	5	Hannah Kitchin	9:27:21.55	10:03:57.63	11:44:32.22	3:00:32.22
4	233	Angela Shoniker	9:28:08.14	10:05:16.35	11:48:55.57	3:04:55.57
5	230	Tara Holland	9:34:17.64	10:16:14.40	11:59:54.37	3:15:54.37
6	225	Louise Stevens	9:36:11.93	10:20:38.27	12:12:47.29	3:28:47.29
7	216	Linsey Ann Stevenson	9:36:54.29	10:19:26.89	12:12:52.82	3:28:52.82
8	124	Steph Corker	9:28:22.71	10:06:34.87	12:12:59.47	3:28:59.47
9	219	Maude Cyr	9:32:31.90	10:15:01.90	12:13:49.99	3:29:49.99
10	208	Katerina Cempelova	9:36:27.29	10:19:48.80	12:16:24.75	3:32:24.75
11	218	Kara Bayley	9:37:57.04	10:20:47.02	12:23:27.24	3:39:27.24
12	228	christine cogger	9:39:03.77	10:22:54.02	12:24:00.82	3:40:00.82
13	222	Niki Hurst	9:39:29.66	10:24:53.11	12:27:00.18	3:43:00.18
14	227	Christen Young	9:39:29.58	10:24:54.90	12:27:00.33	3:43:00.33
15	217	Nina Wills	9:42:05.73	10:30:11.92	12:28:34.22	3:44:34.22
16	238	Sandra Louie	9:36:18.19	10:20:25.31	12:29:11.26	3:45:11.26
17	223	Kristina Radzhapova	9:38:13.46	10:25:57.71	12:32:23.64	3:48:23.64
18	215	Tenasia Monaghan	9:45:35.98	10:34:00.00	12:34:41.59	3:50:41.59
19	214	Seline Loetscher	9:46:46.17	10:34:52.48	12:39:21.72	3:55:21.72
20	213	Jade Lenning	9:39:50.15	10:26:00.73	12:40:43.33	3:56:43.33
21	240	Jodie Moss	9:40:06.52	10:26:21.47	12:40:54.27	3:56:54.27

22	250	Marina Serrano	9:43:05.99	10:31:11.69	12:42:39.13	3:58:39.13
23	224	Jessica Shaw	9:44:17.49	10:32:10.59	12:44:15.00	4:00:15.00
24	235	Yoko Ukai	9:37:56.48	10:24:39.76	12:44:40.95	4:00:40.95
25	211	Marina Guessous	9:48:03.00	10:44:20.00	12:52:21.85	4:08:21.85
26	231	Becca Johnston	9:42:49.79	10:33:28.23	12:57:45.80	4:13:45.80
27	209	Andrea Duthie	9:52:10.39	10:41:00.00	13:04:03.05	4:20:03.05
28	162	Jen Fraser	9:28:02.00	10:32:00.28	13:04:22.40	4:20:22.40
29	234	Amanda Szocs	9:46:39.17	10:36:20.00	13:04:36.70	4:20:36.70
30	232	Rashel Pena	9:45:34.53	10:35:01.00	13:16:40.97	4:32:40.97
31	121	Sara Borowski	9:44:16.10	10:39:45.00	13:20:43.89	4:36:43.89
32	207	Nathania Brooke	9:46:49.28	10:40:36.00	13:22:06.54	4:38:06.54
33	127	Karina Meik	9:49:38.16	10:44:57.00	13:33:38.93	4:49:38.93
34	206	Sasha Babicki	9:42:20.72	10:32:23.57	13:36:48.41	4:52:48.41
35	229	Jennifer Copley	9:50:01.10	10:47:15.00	13:49:52.42	5:05:52.42
36	221	Alexandra Hamilton	9:52:27.61	10:49:24.00	13:51:24.03	5:07:24.03
37	239	ginger rockwell	9:52:24.25	10:49:35.00	13:51:24.20	5:07:24.20
38	226	Casey Wu	9:57:11.77	10:57:17.05	14:12:38.55	5:28:38.55
39	237	Rhonda Zazula	9:57:07.80	10:57:18.06	14:12:39.38	5:28:39.38

22.5km Men

Rank	Bib #	Name	Split 1	Split 2	Finish	Elapsed Time
1	174	kristopher swanson	9:16:14.68	9:42:29.21	10:54:14.87	2:10:14.87
2	1	Eric Carter	9:16:14.68	9:42:28.00	10:56:35.10	2:12:35.10
3	122	Connor Meakin	9:19:09.66	9:49:07.75	11:06:07.93	2:22:07.93
4	159	Phil Brunet	9:19:17.05	9:50:00.00	11:09:32.77	2:25:32.77
5	155	Brendan Urlocker	9:19:07.26	9:49:38.86	11:10:20.95	2:26:20.95
6	123	Marian Treger	9:20:58.94	9:52:20.00	11:11:33.54	2:27:33.54
7	135	David Gordon	9:20:11.57	9:51:23.21	11:12:18.97	2:28:18.97
8	133	Matthew Bunker	9:22:43.60	9:55:17.68	11:20:20.03	2:36:20.03
9	139	Oliver Kennedy	9:23:31.50	9:56:33.80	11:22:02.47	2:38:02.47
10	183	Kristian Manietta	9:22:16.93	9:55:44.00	11:23:45.92	2:39:45.92
11	187	Andrew Sellars	9:21:32.56	9:53:58.29	11:24:13.12	2:40:13.12
12	128	Michael Murrdoch	9:27:08.19	10:00:05.49	11:24:47.33	2:40:47.33
13	147	Chris Sandom	9:28:02.00	9:59:52.84	11:24:56.98	2:40:56.98
14	132	Maxime Brassard	9:23:30.00	9:59:50.57	11:29:19.28	2:45:19.28
15	153	Adrien Touzot	9:22:38.35	9:55:38.31	11:29:51.39	2:45:51.39
16	180	Colin Hendry	9:21:16.82	9:54:51.19	11:30:23.81	2:46:23.81
17	172	Kyle Leitch	9:25:23.42	10:00:01.16	11:32:36.80	2:48:36.80
18	143	Samuel Perrin	9:27:08.99	10:01:27.80	11:36:03.79	2:52:03.79
19	182	steven lee	9:23:10.00	9:58:31.64	11:36:34.24	2:52:34.24
20	152	Glenn Tjampens	9:26:45.00	10:01:49.02	11:38:03.22	2:54:03.22
21	138	Mackenzie Irwin	9:40:54.40	10:12:58.39	11:39:56.90	2:55:56.90
22	163	Patrick Haunschmidt	9:27:15.92	10:03:17.21	11:40:55.99	2:56:55.99
23	141	stephen list	9:28:44.45	10:06:41.28	11:44:40.63	3:00:40.63
24	149	Conner Smith	9:25:28.15	10:00:39.83	11:45:11.85	3:01:11.85
25	151	Martin Tatchell	9:29:29.97	10:08:32.95	11:45:38.04	3:01:38.04
26	196	Marek Dutkiewicz	9:31:41.02	10:10:23.07	11:46:04.62	3:02:04.62

27	136	Jonas Grabowski	9:30:40.37	10:07:32.07	11:47:16.39	3:03:16.39
28	190	Roger Wittmann	9:28:54.81	10:06:02.15	11:47:24.94	3:03:24.94
29	169	Matus Kirilak	9:30:54.37	10:09:23.32	11:48:36.24	3:04:36.24
30	166	Toni Hulsch	9:27:34.47	10:04:54.00	11:49:17.97	3:05:17.97
31	126	Jamie Larder	9:29:23.74	10:09:39.75	11:49:20.12	3:05:20.12
32	181	Struan Kilgour	9:31:49.67	10:10:34.53	11:50:22.29	3:06:22.29
33	195	Jonathan Browne	9:27:58.65	10:04:52.90	11:54:50.19	3:10:50.19
34	167	Joris Janssen	9:28:05.94	10:06:35.00	11:55:24.19	3:11:24.19
35	185	John Redpath	9:29:35.00	10:08:48.57	11:57:56.43	3:13:56.43
36	168	Richard Joce	9:35:31.31	10:16:56.90	11:59:25.85	3:15:25.85
37	157	Ryan Village	9:33:01.04	10:12:38.27	12:00:43.97	3:16:43.97
38	205	John Woolgar	9:30:39.93	10:12:00.00	12:04:06.66	3:20:06.66
39	165	Dan Hincks	9:31:24.55	10:12:00.00	12:04:44.22	3:20:44.22
40	171	Rick Lane	9:33:08.17	10:14:07.81	12:05:15.70	3:21:15.70
41	150	Taavi Tammik	9:29:31.16	10:09:33.07	12:07:00.71	3:23:00.71
42	164	Alex Hay	9:35:00.74	10:15:02.81	12:09:17.56	3:25:17.56
43	176	Andreas Barattiero	9:32:43.48	10:13:12.45	12:09:49.07	3:25:49.07
44	177	Gavin Bong	9:29:42.55	10:10:00.00	12:09:49.98	3:25:49.98
45	189	Michael Westover	9:32:06.27	10:11:22.50	12:11:31.56	3:27:31.56
46	184	Greg McCunn	9:31:10.99	10:09:41.52	12:14:52.56	3:30:52.56
47	140	Boyd Lamoureux	9:36:27.19	10:19:52.69	12:16:24.97	3:32:24.97
48	197	Doug Henderson	9:30:49.24	10:11:19.52	12:20:57.15	3:36:57.15
49	178	Tom Grodski	9:38:20.82	10:23:44.31	12:30:19.55	3:46:19.55
50	188	SHIQIANG SU	9:39:16.21	10:24:33.69	12:31:01.21	3:47:01.21
51	156	Raymond Veenstra	9:36:17.24	10:20:18.92	12:31:09.26	3:47:09.26
52	186	Dan Sambolec	9:35:15.00	10:17:09.94	12:31:41.05	3:47:41.05
53	134	Joseph Cosgrove	9:42:09.18	10:30:15.12	12:32:06.19	3:48:06.19
54	192	matt babicki	9:38:50.47	10:24:46.02	12:35:01.09	3:51:01.09
55	160	Eddie Cahill	9:38:45.33	10:27:31.30	12:43:12.27	3:59:12.27
56	179	Benjamin Heaton	9:44:06.58	10:27:56.95	12:44:43.57	4:00:43.57
57	125	David Frey	9:38:58.03	10:25:51.01	12:46:45.99	4:02:45.99
58	194	Keith Brewe	9:44:08.20	10:32:13.19	12:55:58.03	4:11:58.03
59	200	Rick McVicar	9:46:20.06	10:35:00.00	12:59:46.87	4:15:46.87
60	220	Mike Fraser	9:42:24.19	10:32:20.21	13:04:22.67	4:20:22.67
61	202	Thomas Nurmi	9:39:31.67	10:26:11.50	13:05:31.01	4:21:31.01
62	161	Chris Cowen	9:43:46.18	10:33:42.12	13:08:43.76	4:24:43.76
63	145	Falko Poels	9:41:10.85	10:28:15.80	13:12:18.75	4:28:18.75
64	204	Mike Varrin	9:49:08.98	10:43:12.00	13:13:37.11	4:29:37.11
65	201	Greg Murphy	9:45:45.89	10:37:30.00	13:14:41.89	4:30:41.89
66	173	JP Pierre	9:47:36.87	10:44:26.00	13:21:43.65	4:37:43.65
67	199	Kenneth MacLeod	9:56:50.10	10:50:54.00	13:25:52.20	4:41:52.20
68	148	Howie Shin	9:46:09.51	10:41:17.00	13:33:27.88	4:49:27.88
69	203	raymund Torres	9:49:29.17	10:42:55.00	13:34:15.75	4:50:15.75
70	158	Craig Wilson	9:49:09.99	10:48:21.00	14:00:58.50	5:16:58.50