

# BACKCOUNTRY ADVENTURES

## EQUIPMENT & PREPARATION

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**IT IS VERY IMPORTANT TO REALIZE THAT ONE OF THE KEY DISTINCTIONS OF BACKCOUNTRY SKIERS/RIDERS IS THAT WE CLIMB MANY OF THE SLOPES WE DESCEND.** This means our physical output is significantly different than skiing/riding inbounds.

How we manage our temperature and protect ourselves from the environment is constantly changing. This is accomplished by proper clothing and effective layering.

Remember that when we head out for the day we stay out for the day! Take the time to review the following equipment list. This list is intended only as a general guideline.

### INFORMATION

Packages of skis and touring bindings, skins, backpack, transceiver, probe and shovels can be rented from Essentially Blackcomb for \$69 CDN per kit per day plus tax when you book an Extremely Canadian Backcountry Adventure.

If you don't require the entire kit but only need parts of it, please let us know and we will advise you as to your options for getting geared up. If you require rental of split board / collapsable poles / snowshoes (ok for snowboard privates only), please also let us know and we will send details on those rentals.

Note: if you have your own shovel, probe and transceiver they need to be in good working order. Your transceiver must have fresh batteries and have been maintained to the manufacturers recommendations.

If you are bringing your own touring skis or snowboard and skins check it in advance to be sure they are in proper working order. **If you are renting equipment be sure to leave ample time to fit and pickup the necessary gear. Ideally, pick up your rental gear the afternoon or evening before.**

A single baselayer and an insulated parka can be very problematic for the ascent part of the day. A base layer and fleece-like mid-layer in addition to a waterproof breathable shell (with hood) are indispensable for the layering requirements of backcountry travel.

Extremely Canadian Backcountry Adventure prices do not include lift ticket but you can pre-order a backcountry access lift pass from us for \$56 CDN plus tax. This must be pre-ordered. Cannot be done day of your adventure.

Our cancellation policy for Whistler ski programs is 100% refund if you give 24 hrs notice. Changes also require 24 hrs notice. You can cancel for any reason. If weather and conditions are not suitable on your scheduled day, we will contact you to discuss your options of changing days, rescheduling or refund. Please let us know if you have any questions or need more details.

### EQUIPMENT

- Touring skis or split-board, with climbing skins.
- Ski poles (with powder baskets). Required for both skier or boarders.
- Ski boots (ideally touring) or snowboard boots.
- Back pack (25-30 litre).
- Avalanche transceiver.
- Avalanche probe.
- Avalanche shovel.
- Waterproof breathable shell jacket (with hood) and pants.
- Warm non-cotton under layers.
- Light fleece or equivalent
- Non-insulated breathable shell jacket (with hood) and pants
- Gloves & Toque.
- *\*\*If you wear a helmet while skiing, bring a toque as well.*
- Sunglasses (even on a cloudy day).
- Goggles.
- Sunscreen / Lip Protection.
- Headlamp (optional)
- Camera (optional)
- Lunch and water (at least 1 litre).
- *\*\* Bring your own healthy lunch and snacks or lunches are available for pre-purchase from Whistler / Blackcomb for \$14 including tax. Includes cookie, piece of fruit, juice and sandwich.*

